



2022

Back-to-School Safety Checklist



For parents

- ☐ Are **screen time limits** set on all devices, especially after a relaxed summer?
- ☐ Have you done an **app audit** on your child's devices to make sure you're aware of the platforms they're frequenting?
- ☐ Have you talked to your kids about **warning signs** their friends or classmates may share online? Let them know they can anonymously report issues through Sandy Hook's anonymous reporting system.

For schools

- ☐ Do you have a **threat assessment model** that assesses for suicide risk and the warning signs of a pathway to violence?
- ☐ Has your staff, including front office and counseling staff, been **trained in the warning signs** of the pathway to violence? Are these types of warning signs documented?
- ☐ Do your parents know what to do in the case of an active lockdown? What's your **communication method** to refresh and remind them of it?

During the first half of 2022, Bark flagged:

18K instances
of severe violence

16M kids who
experienced bullying/
cyberbullying

Approximately
10K alerts per week
for suicide

Visit bark.us to learn more about online safety.